



Live chat!

Pick a discussion starter. You have all month, so just one will do. Run out? Make some up that fit the theme of the month! (Oh! And turn off those devices! Live chat means just talking.)

- What does the word Trust mean to you?
- Anything going on in your life right now that has you nervous?
- Who is someone you trust a lot?
- Do you think anyone trusts in you?
- How can we show God that we trust Him always?
- What is one thing you need to trust God with today?

Make it count!

It's easier to say "Trust God" than to actually do it. To really build our trust, we need to commit our concerns to God and then pray about them regularly. Get some sticky notes or index cards and write one thing on each that you need to trust God with more. Then, post them in a place everyone can see them, such as on the refrigerator or on a mirror. Then, every time you see them, stop and say a quick prayer about one of them. You will notice the things He does to help you!

TRUST

Monthly Motto:

God's Got This!

Think about It

My dad used to say, "Life is what happens to you when you are making other plans." We live in an unpredictable world! Things are always happening that aren't in our plans and are beyond our control. It can make us uncomfortable, uneasy and sometimes flat out scared. But when we know God, we can trust that nothing catches Him by surprise! In fact, not only is He in charge, but He has promised to work all things together for Good. So, the next time something happens that shakes your life, just remind yourself, "God's Got This!"

Double DaRE ya!

The family challenge!

Are you up for the challenge? Determine as a family what the reward will be if you complete the challenge!

YOUR CHALLENGE: Trusting can be hard. It is hardest when we are focused on ourselves and our own problems. To help shift your family's attention on others, think about someone you know who is going through a hard time. They are trusting God to provide for them. Did you know YOU can be their answer to prayer? Do something to help someone else, and your own problems will seem smaller!

VICTORY VERSE



As a family, memorize the Victory Verse this month. Make it your goal this month to start trusting God more.

Diggin' DEEPER...

Here are some super Bible verses you may want to dig into this month as you explore Trust. Read the verse and then discuss what it means.

- Psalm 28:7
- Psalm 62:8.
- Proverbs 3:5-6

- Romans 8:28
- Psalm 56:3
- Proverbs 29:26

GOOFY Game

Name of the Game: What is THAT?

Needed: Objects from around your house

How to Play: This month, play some family games that require trust. Try "Can You Feel It?" Family members take turns being blind-folded and then give them something to feel and they try to guess what it is. "Can You Taste It?" Yup, blind-folded family members are given something to eat and try to guess what it is. You could even try "Can You Smell It?" Remember to be nice! After all, they are trusting you!