

# Humility

---



## Bible Point

I can't do everything on my own.

## Bible Verse

So I am asking you to live a life worthy of what God chose you for. Don't be proud at all.

Ephesians 4:1,2 (NIrV)

## Bible Story

King Josiah  
II Chronicles 34

## Overview

The first step in living a life that is worthy of what God has chosen us for is to realize that we cannot do everything on our own. First, we have a deep need for Jesus. We have to come to the place of understanding this need. Then, we also must understand that we need others to help us on our journey. When we can appreciate and understand the true worth of others and are not afraid to ask for help and consider their ideas, we find that we get along with people better. We also find that we begin walking life the way God intended.



(PP)

## Evidence Site

---



### Supplies:

- Yellow police tape
- Evidence marking tents
- Crown
- Hammer
- Cornstarch
- Money
- Scroll
- Torn clothes

**Preparation:** Make a scroll using long white sheet of paper. A more ornate scroll can be made attaching painted dowel rods and finials at the ends of the scroll. The money should be a pile of coins, gold and silver colored if possible. The torn clothes can actually be a piece of material ripped in half.

### Setting up the Evidence Site:

#### Evidence:

- #1: Crown
- #2: Hammer with a pile of cornstarch next to it.
- #3: Coins scattered around the evidence tent
- #4: Scroll unrolled a bit.
- #5: Cloth torn in half placed in such a way that the rip can be seen.

(PP)

## Buzz and the Lab Rat

---



### Supplies:

- Magnifying glass
- Tweezers
- Roll of scotch tape
- Plastic zipper bag with “evidence” written on it
- Copy of “Be Humble” puzzle

**Preparation:** Cut apart the puzzle and put the pieces in the zipper bag.

Buzz is pattering around the lab. He holds up the plastic bag marked “evidence”, opens it and dumps out the contents on the lab table.

**Buzz:** **This is very strange. There are marks all over these pieces of paper.** (He uses the magnifying glass to examine the pieces of paper without touching the paper.) **I wonder what it could be.** (He picks up a piece with the tweezers and holds it to the light.) **Hmmmm. Written with a black pen. Interesting! Written slowly. Very interesting! How many pieces are here?** (He counts out loud.) **Seven pieces of paper. I am going to find some tape and see if I can put these pieces together.** (He leaves the room.)

Music plays as the Lab Rat enters the lab and crawls under the table from the back of the table. He/she comes up in front of the table, reaches up to the table and grabs the piece of paper that says “M.” The rat sneaks out of the lab before Buzz returns.

**Buzz:** **Now, to put these pieces of paper together. I am quite sure that they will give me a clue to break the case.** (He starts to put the pieces of paper in order.) **Hey, a piece is missing.** (He counts them out loud again.) **Six? Six! I know there were seven here.** (Frantically looks under the table and on the floor. Meanwhile the Lab Rat peers into the lab laughing quietly.) **I give up. I can’t figure out what happened to that piece of evidence.**

The Lab Rat snickers and holds the piece of evidence up behind Buzz’s back.

**Buzz:** **Let me see what this paper says.** (Holds up taped paper.) **Be hu. . . ble. What in the world? Be hu. . . ble. If only I had that other piece of paper, I could figure out what it says. I know it was here somewhere.**

Buzz fumbles around and leaves the lab.

## Puppet Song

---

“All I Need” from Made 2 Praise Volume 5 by Uncle Charlie.

Downloadable from [Kidzmatter.com](http://Kidzmatter.com)

(pp)

(pp)



(PP)

## Detective Snoop

---



### Supplies

- Magnifying glass
- Detective costume

(Detective Snoop enters the room looking through his magnifying glass. If he is an actor, have him look in kid's hair with his magnifying glass.)

**Hello. How are you? I have just come from the CSI lab. Some evidence has been tampered with. Oh, by the way, name's Detective Snoop. I've been assigned to the case. I love to snoop about, uncovering evidence and solving cases.**

**Now what were we talking about? Oh yes, the tampered evidence. After snooping around the lab a bit, I have come to the conclusion that someone is taking evidence. Since one piece of evidence is missing it was hard to read the message that Buzz pieced together but I deduced that it reads "Be Humble."**

**Ahhh, humble. To be humble, we must recognize that we need others. To begin with we need God. We must depend on Him and not on ourselves. Also, we need to consider others and their feelings and their ideas instead of just worrying about what we think and want. When we do that, we are being humble. Our job today is to discover if the person in this case was humble. Examine each of these pieces of evidence carefully so you will be able to deduce if the person involved in the case was walking worthy.**

(PP)

(Turns to walk away then turns back around.) **By the way, I think we will make great partners in solving this case!**

(PP)

## Object Lesson

---

### Supplies:

- Samson paper
- Scissors

**I need some strong kids up here. How many of you think you are strong enough to tear paper?**

(Choose four kids. Give each child a piece of paper. Give two children regular paper from the pad and the other two children the special paper. The paper is arranged alternating between the trick paper and the regular paper.)

**NOTE:**  
Music automatically plays on PowerPoint when Detective Snoop enters



**On the count of three, I want you to rip your paper into two pieces. Ready? One, two, three.**

(The two children with trick paper will not be able to rip it.)

**What happened? You couldn't rip it? Why not?**

(Play up the fact that the two pieces are not ripping.)

**Do you need help? Bring out the scissors and cut them.**

**In life, we need to realize that we cannot do everything on our own. Some people walk around with a lot of pride, refusing to let people help them. And worse than that, they walk around refusing to admit that they need God in their life. If we are to live a life that is worthy of the calling God has given us, we must admit that we need Him and we need other people. We need to not be proud at all. We need to be humble.**

## **Bible Story**

---

**King Josiah  
II Chronicles 34**

### Supplies

- Items from the evidence site

**We are going to use the evidence gathered at the evidence site as clues to what happened in our Bible story. As I show you each piece of evidence, see if you can guess what item might tell us about the story.**

**Our first clue at the scene is this crown. What do you think of when you see a crown? (A king.) How many of you are 8 years old? The king that this scene is about was crowned when he was only 8 years old. Can you imagine being a king now? What kind of rules would you make? How many of you would do away with homework? Would you make a rule to enforce a later bed time? This king's name was Josiah. The story of his life is in II Chronicles 34. Scripture tells us that "He did right in the sight of the Lord and walked in the ways of David his father and turned aside neither to the right hand nor to the left." In other words, his path was straight. He did not go off the path in the wrong direction, doing things that would not be pleasing to God.**

**Why do you think he was able to live in a way that was pleasing to God? The reason was when Josiah was about 16 years old he started**

(pp)



(pp)

seeking after and yearning for God. **King Josiah wanted to know all about God. He wanted to *really* know him. He yearned to know Him better. And because of this, he was able to walk a path that was pleasing to God.**

**(PP)** Where did that path lead? Here we have our second piece of evidence. (Hold up the hammer.) **It is a hammer. Why would a hammer be an important piece of evidence?** (Give the children an opportunity to guess.) **What is next to the hammer?** (Pile of dust or dirt.) **The hammer was a tool that was used to break down some of the bad places in King Josiah's land. Before Josiah was king, other kings had allowed altars to be build to false gods. And they had allowed carved images to be built that the people worshipped. King Josiah learned that these were wrong so he had them broken down. They were smashed into piles of dust.**

**(PP)** (Hold up the money.) **The next piece of evidence is this money. What do you think this money is for?** (Again, allow the children to make guesses.) **After all these terrible places were destroyed, Josiah sent the governor of the city, Shaphan and Joah, the recorder, to repair the house of God. They went to the high priest with money that had been collected from the people. They delivered it to all the workmen who were in charge of the Lord's temple so they could repair and restore the temple. All of the men were working faithfully to do their job.**

**(PP)** **The fourth piece of evidence is this scroll. Why would a scroll be important to our story?** (Pause for guesses.) **In the Bible times, they did not have books like we have today. Instead, they had these scrolls. While they were restoring the temple, Hilkiah the priest found the book of the law that the Lord had given Moses. He gave it to Shaphan, the governor who in turn took it to King Josiah. When he appeared before the king, he explained to the king that everyone was working as they were supposed to. Then, he told the king about the book and he began to read it to the king.**

**(PP)** **That leads us to the last piece of evidence. What is this?** (Ripped cloth or clothing.) **Why do you think that would be here? In those days when you were distressed and really, really sad, you would tear your clothes. (Rip the piece of cloth.) That is exactly what King Josiah did when he heard the book read to him. Why do you think he reacted that way?** (Give the children a chance to answer and work through this.)

**(PP)** **King Josiah asked a group of men to go and inquire of the Lord for him about the words of the book. He said, "For great is the Lord's wrath that is poured out on us because our fathers have not kept the word of the Lord, to do according to all that is written in this book." So the men went to Huldah, a prophetess and spoke to her about what the king said. She said that because King Josiah's heart had been**

repentant and because he had humbled himself before God, the king would not see the wrath that would come.

**King Josiah sent for all the elders and went to the house of the Lord. He read the Book of Covenant to the elders and to all the men of Judah. Then he stood before the Lord and made a covenant to walk after the Lord, to keep His commandments and statutes with all his heart and all his soul, to perform the words of the covenant written in the book. Everyone stood to say they would follow this.**

All during Josiah's reign, they did not turn from following the Lord.

(PP)

Did Josiah walk worthy of the calling?

Ephesians 4:1,2 says "So I am asking you to live a life worthy of what God chose you for. Don't be proud at all." King Josiah could have said, "You know, I wasn't the one that ignored the word of God. That was all the kings before me. I have tried to live right." Instead, he humbled himself and asked God for forgiveness for what had happened. He did not see himself as better than everyone else. He admitted his need for God's forgiveness. He admitted his need for others as he listened to what they had to say and asked for their help in inquiring of the Lord.

(PP)

How about you? Do you admit you need help? Do you admit to God when you have done something wrong? Do you tell Him how much you need Him? Do you ask others for help? Or are you proud, not wanting to admit that you need others?

## Prayer

---

Give time for the children to think about their lives. Let them talk to God about areas of their lives in which they may be showing pride.

(PP)





(pp)

## Lab Time

---



### Supplies

- Styrofoam board at least 3 feet by 5 feet
- Various items to throw at the Styrofoam (use different textures and weights such as battery, foam ball, set of keys, rubber chicken)
- Four sheets of newspaper

**Preparation:** Lean the Styrofoam board against a wall or table.

**Whenever you go to a crime scene, there will be evidence left behind. It is the same way with life, no matter where you go you will leave something behind. You leave physical things behind like footprints, fingerprints or a strand of hair. But you also leave another kind of mark behind. This kind of mark is something you cannot really see. It is evidence of you walking with God or of you not walking with God. If we are prideful, we are not walking worthy and people will see that.**

**Often at the scene, there will be items that have been ripped, just like in our scene today there was a ripped cloth. The way things are ripped can tell us important information. I need a few volunteers for an experiment.**

(Choose 3-4 kids. Give each one a sheet of newspaper. Have two of the kids hold the newspaper like they are reading it. Have the other two hold it sideways.)

**When I say three, I want you to quickly rip your paper in half. Ready? One, two, three.**

**Notice that two of you have straight rips. The other rips are crooked. Does anyone know why? The ones with the straight rips were holding the newspaper like they were reading it. The other ones were not. Someone investigating a piece of ripped paper could figure out how the paper was held when it was ripped. The paper that ripped crooked was held so that the tear went against the grain of the newspaper. When we are proud, and refuse to admit our need for Jesus we are also going against the grain. Our paths become crooked instead of straight.**

**Another kind of evidence we leave from our life is impression evidence which is made by the things we use.**

**Look at these pictures and see if you can guess what made the tracks. (As you show each picture give the children an opportunity to yell out what they think made the track.)**

(pp) **For instance in this picture someone has rode a bike through mud. You can see the tire treads.**



**Here someone made a handprint.**

(PP)

**This picture shows a footprint in some frosty grass.**

(PP)

**Let's see what kind of indentions we can make on this Styrofoam wall.**

(Choose kids to come and throw the items you chose against the wall.  
Comment on each of the indentions each item made.)

**My question to you is what kind of marks do you want to leave in your life? Do you want to leave marks that will show people that you lived a life worthy of your calling? If so, you need to admit your need for God and daily turn to Him for help. You need to admit that you need other people and be willing to respect them and their ideas. You cannot be a "know it all" and walk worthy!**

# Rotations

## CSI Lab

---



### Tool Impressions

#### Supplies:

- Ten screwdrivers similar in size and shape
- Golf ball size piece of clay

**Preparation:** Label the screwdrivers A through J. Flatten the ball of clay into a circle approximately ½ inch thick. Make an impression of one side of the screwdriver by pressing it into the small piece of clay. On the back of the clay, write the letter of the screwdriver making the indentation. Let the clay dry.

Have each child try to deduce which screwdriver matches the impression in the clay. When they think they have the correct answer, have them turn over the clay to check their answer.

### Ripped Paper

#### Supplies:

- Eight pieces of paper
- Pencil

**Preparation:** Tear off a corner of each piece of paper. Throw away all the corners except one. Mark this corner “evidence.” Mark the pieces of paper A through H.

Have each child try to find the piece of paper that matches the corner “evidence.”

### Hidden Marks

#### Supplies:

- Pads of paper any size
- Pen
- Pencil

Note: If you would like each child to have a pad of paper, an inexpensive solution is to cut six pieces of paper approximately 2 by 4 inches and staple them together to make a small pad.

**Preparation:** Write “be humble” on the pad of paper with the pen. Rip off the sheet of paper and throw it away.

The children rub over the top sheet of the pad with a pencil to discover what the message is.

## Craft

---

### Clay Cross

Supplies:

- Air-dry clay
- Paper plates
- Clay tools such as a butter knife, nail, wooden skewer, fork

Mold a cross out of clay. Use the tools to make different indentions and designs in the clay. Place the cross on the paper plate to dry.

Option: Consider having items on hand that the children can indent their clay with that have a special meaning. Examples: small heart to symbolize giving their heart to Jesus, nail to symbolize Jesus being wounded for our sins, small stones to represent Jesus being the Cornerstone.



### Torn Paper Art

Supplies:

- Colored Paper
- Glue
- Markers

Choose a full sheet of paper for the background. Decide what kind of picture to make. Some ideas from today’s lesson: crown as a reminder of King Josiah or a cross as a reminder of our dependence on Jesus.

Tear other colored sheets into different shapes. Make a bunch of small squares to piece together like a mosaic. Or tear larger pieces to create specific items such as a tree, felt board style.

Glue torn pieces to the background. Use markers to embellish the designs.

## CSI Case Solving Kit

### Supplies:

- Plastic container with top
- Small pad of paper
- Copy of CSI Evidence Kit Notebook Stickers
- Pencil
- Stickers, permanent markers, foamies

Have each child write his/her name on the top of the container. Decorate the container using stickers, permanent markers or sticky foamies. The front of the pad of paper can also be decorated with the CSI stickers and markers.

Explain that the pad of paper is for collecting notes on the evidence. It can be used to draw the evidence site each week. Place the pad of paper and the pencil inside the plastic container.

## Game

---

### Water Balloon Splatter

#### Supplies:

- Water balloons

Throw a balloon down on a hard surface. Have the kids look at the way the balloon splattered. Now, have them turn their backs while you move around and throw another one. Let them guess where you threw the balloon from.

Pair the kids up and let them experiment with balloon splatters. If it is a hot day, end with a balloon fight!



## **Humble Tag**

### Supplies:

- None

Two people are it. They hold hands and chase people; the person they catch must join hands with one of them. When another person is caught, the group may remain together or divide into groups of two. This continues until everyone has been caught. No one may chase other people individually but must rely on another person to help.

## **Blindfolded Obstacle Course**

### Supplies:

- Blindfolds
- Items for an obstacle course – Examples: orange cones, crawl through tubes, baby pool of water, items to crawl under

**Preparation:** Set up an obstacle course. If you are doing this activity outside and it is a warm day, consider making it a water related course.

Divide the children into teams of three. Choose one person on each team to be blindfolded. That person must work through the obstacle course. However, they must depend on the other two team mates for help. One team mate is only allowed to talk. The other team mate is only allowed to hold onto the blindfolded person's arm only.

Remind the children that when we are truly humble, we realize that we must rely on God and not on ourselves.

## **Snack – Small Group**

---

### **Imprinted Cookies**

#### Supplies:

- Sugar cookies
- Tubes of “writing” frosting
- Paper plates

Have the kids make “impressions” on their cookies with the frosting. Tell them to make the impression in such a way that it will tell something about them. Suggestions: cross for their faith in God, musical note for their love of music



## Crown Cupcakes

### Supplies:

- Cupcakes
- Frosting
- Plastic knives
- Paper plates
- Gum Drops
- Fruit roll ups

Unroll the fruit roll up and place on the paper plate. Using the plastic knife, cut out a crown. Frost the cupcake. Place the crown flat on the frosting. Place gum drops on the crown as jewel decorations.

## Discussion Questions

1. Is it wrong to be excited about making an A on a test?
2. Is it wrong to tell other people you made an A on a test so they will know you did a better job than they did?
3. Who created you?
4. To be humble, we must remember that God created us and so our talents come from Him. Can you think of some ways that God has talented you? Go around your group and listen as everyone shares ways that God has given them talents.
5. What can you do so you stay humble about your talents and your accomplishments?



## Bible Memory

---

So I am asking you to live a life worthy of what God chose you for.  
Don't be proud at all.  
Ephesians 4:1,2 (NIRV)

## Hidden Verse

### Supplies:

- Pad of paper
- Pencil

Write the Bible verse on the top sheet of the pad of paper. Tear off the paper. Give the pad to someone else and let them rub the pencil over the pad of paper, discovering the hidden Bible verse.

## Puzzle

### Supplies:

- Copies of Bible verse puzzle

Give each child a copy of the Bible verse. They should tear up the piece of paper into approximately ten pieces and mix the pieces up. Trade with someone else and work the puzzle, saying the verse after the puzzle is worked. Do this a few times until the children are familiar with the verse.

## Secret Code Wheel

### Supplies:

- Copy of alphabet wheels
- Scissors
- Brad
- Paper
- Pencil

Cut out the two wheels from the resource page. Place the smaller one on top of the larger one. Secure them together with a brad.

Each child will write the Bible verse in a secret code and give it to someone to decode. The person who is sending the message and the person receiving the message need to use the same “letter” to create the code. For instance, if a child chooses the letter “y,” the person creating the message turns the smaller circle until the “y” is aligned to the “a” on the larger circle. The person writing the message finds the letters on the small circle and then writes the matching letter from the large circle.

The child then finds someone to give the message to and tells them what the “letter” is. Following the example above, the person who receives the message will turn the smaller circle until the “y” is aligned to the “a” on the outer circle. The receiver decodes the message by finding the letters on the large circle and then writing the matching letter from the small circle.

### **NOTE:**

This activity  
is for older  
children.



# Day 1 Planning Sheet

## CSI Staff

---

## PowerPoint & Sound Staff

---

## Evidence Site

**Get:**

- \*Yellow police tape
  - Evidence marking tents
  - \*Crown
  - Hammer
  - Cornstarch
  - \*Money
  - Scroll
  - Torn clothes
- 

## Buzz and the Lab Rat

### Actors

---

## Buzz and the Lab Rat Props

**Get:**

- \*Magnifying glass
  - Tweezers
  - Roll of scotch tape
  - Plastic zipper bag with “evidence” written on it
  - Copy of “Be Humble” puzzle (see activity page in resource CD)
- 

## Detective Snoop Actor

---

## Detective Snoop Props

**Get:**

- \*Magnifying glass
  - Detective costume
- 

## Puppet Song Team

---

**Get:**

---

## Object Lesson Staff

---

**Get:**

- \*Samson paper
  - Scissors
- 

## Bible Story Staff

---

**Get:**

Use items from the Evidence Site

---

## Lab Time Staff

---

**Get:**

- Styrofoam board at least 3 feet by 5 feet
  - Various items to throw at the Styrofoam (use different textures and weights such as battery, foam ball, set of keys, rubber chicken)
  - Four sheets of newspaper
- 

## Rotation – CSI Lab Staff

---

**Lab 1**

- Ten screwdrivers similar in size and shape
  - Golf ball size piece of clay
- 

**Lab 2**

- Eight pieces of paper
  - Pencil
- 

**Lab 3**

- Pads of paper any size
  - Pen
  - Pencil
- 

\*= Available in the optional CSI kit

**Rotation – Craft Staff**

**Craft 1**  Air-dry clay  Paper plates  Clay tools such as a butter knife, nail, wooden skewer, fork

**Craft 2**  Colored paper  Glue  Markers

**Craft 3**  Plastic container with top  Small pad of paper  Pencil  Stickers, permanent markers, foamies,  CSI Evidence Kit Notebook Sticker (see resource CD)

**Rotation – Game Staff**

**Game 1**  Water balloons

**Game 2**  None

**Game 3**  Blindfolds  Items for an obstacle course – Examples: orange cones, crawl through tubes, baby pool of water, items to crawl under

**Rotation – Snack/Small Group Staff**

**Snack 1**  Sugar cookies  Tubes of “writing” frosting  Paper plates

**Snack 2**  Cupcakes  Frosting  Plastic knives  Paper plates  Gum Drops  
 Fruit roll ups

**Rotation – Bible Memory Staff**

**Activity 1**  Pad of paper  Pencil

**Activity 2**  Copies of Bible verse puzzle (see activity page in resource CD)

**Activity 3**  Copies of alphabet wheels (see activity page in resource CD)  
 Scissors  Brad  Paper  Pencil

\*= Available in the optional CSI kit

