

KICKRiCKulum Solid Foundation

Grades 1- 6

Lesson One: Body Builders 1 Corinthians 12:27 NKJV

Now you are the body of Christ, and each one of you is a part of it.

Pivots – Use Power Point Slides to present to the class

Pivot Trait: Church – The whole body of believers

Pivot Point: The church is the body of Christ

Pivot Verse: ...Christ loved the church and gave his life for it. Ephesians 5:25b

KIDnabber: Material needed: Legos, PP slide

Set the legos out before class.

Puppet: *Enters whistling.* Oh, hi class! What's up?

Teacher: Hello, Rick! We're just about to start talking about the church!

Puppet: Cool! I love church! Except, sometimes as a kid I feel like I don't really have a place, y'know?

Teacher: Hmmmm.... What do you mean, Rick?

Puppet: Oh, I don't know. It's like you've got to be an adult to really be a part of it.

Teacher: I'm sorry you feel that way, but I've got great news for you!

Puppet: You do?

Teacher: Rick, do you see these. *Indicate the legos.*

Puppet: Yeah, just a bunch of old legos. So what?

Teacher: Well, you're right. It's just a bunch of scattered legos. So what?

Puppet: Wait, I asked you!

Teacher: Right! You see, those legos are just sitting around and by itself it doesn't make anything. *Hold up an individual lego.*

Puppet: Yeah, but it's still a lego! I mean, even by itself it's pretty important!

Teacher: You're so right, Rick! Even by itself it is important.

Puppet: So what does this have to do with the church?

Teacher: Well, each individual piece is like the different parts of the church. *Hold up one piece.* By itself, this piece doesn't do all that much. Just like one person in the church: by themselves they don't do a whole lot, but they sure are super important anyway!

Puppet: I'm still not seeing how this is good news.

Teacher: *Spread out all the pieces.* Well, the pieces by themselves don't do much. The senior's ministry, the worship team, the adults, the nursery, the preschool, the youth ministry – all by themselves they don't make much – they're important, but aren't important because they're by themselves. You see, it's when all these pieces come together (*start fitting the legos together to make a simple house*) into one unit that they can do their job, in this case, make a house. This is just like the church: each one of the pieces has to come together, all together, to make up the church and do what God designed it to do!

Puppet: Wow! Each piece is super important! On your house there, if one lego were missing, the house would be incomplete – it wouldn't be a finished house!

Teacher: That's it, Rick! That's the good news! Jesus knows that you and all the kids are very important – so important, that without you, the church wouldn't be complete! Kids are just as much a part of the church as the adults!

Puppet: Whoa! So without the kids, the church couldn't do what God designed it to do?

Teacher: That's right, Rick! The church is made up of many, many parts and it's only when all those parts come together that we have the church.

Puppet: Cool! All the kids and I matter so much to God that, without us, the church would be incomplete! Wow, we kids better get busy and help the church do what it's supposed to do! *Exits.*

Rampin' Up

Materials needed: enough large sheets of paper so that each child has one (large enough so that the children can lay on the paper), markers.

Say: Look at what Rick and I made! It is pretty amazing how many small parts can be put together to make one large, wonderful thing. Let's look at another example of this that is mentioned in the Bible. *Put the children into pairs and give each child a large sheet of paper and a marker.* Say: You are going to lie on your sheet of paper and your partner is going to trace around you with the marker. Then you will switch roles. *Stress to the children to be careful not to mark on each other's clothes. If this is a concern, use pencil to trace and then go over the silhouette with a marker.* When the children finish say: Wow, you all have wonderful drawings. Let's label some of the parts of the body. Who can show me a foot? *Have the children label the feet of their person.* Say: Why do we have feet? What is the job of a foot? *Entertain answers.* Right, feet help us stand and get from one place to another. Who can show me a hand? *Help the children label the hands.* Say: Why do we have hands? What is the job of a hand? *Entertain answers.* Right! Hands have lots of jobs like writing, eating, playing games or playing musical instruments. Does a hand do the same job as a foot? *Entertain answers.* No! I don't think I've ever brushed my teeth with my feet and I definitely don't walk on my hands. Which one do you think is more important? *Entertain answers.* They are both equally important! They do different jobs but both are needed for the body to function as it was intended to. **Pivot Point:** The church is the body of Christ

Have the children suggest other body parts. As they do, have them label them on their person and identify the function/job of that body part. As items such as the eyes, nose, mouth or ears are suggested, have the

children draw them on their person. With each body part, stress the fact that each does a different job but all are of equal importance. When finished naming body parts, say: Just like the house I built is made of many individual legos, your body is made of many individual parts. Each part of your body has a different job but they are all of equal importance. In the same way, the Bible says that the church is made of many parts – all of us! We are all individuals but when we work together as a body, we become the church. Read 1 Corinthians 12:14-18. Wow! What do you think would happen if, instead of having two eyes and a nose, you had three eyes instead? Entertain answers. You wouldn't be able to smell! Each part of your body is very important. In the same way, each part of the church is important – even the children's ministry. Without us, the church would be missing a part and would be incomplete. Each part is equally important – the youth ministry, the seniors, the nursery, the worship team (name others) and us! Let's hear a story about a church that did not have all of the parts complete. **Pivot Point:** The church is the body of Christ

Read: Acts 6:1-7 as paraphrased below in the object lesson

LEARNERS

Materials needed:

- 2 bags of uninflated balloons
- Scotch tape



Tell the children that, as a class, they're going to build a road that stretched from wall to wall. It isn't an ordinary road, though. This is going to be a road made from balloons! Hand each child a balloon. Say: Okay, we're going to start building our road! So, everybody blow your balloon up! Allow the children time to inflate their balloons. Say: Okay, everyone come over here and lay your balloon down for the road! As they do, the balloons should fly away. Say: Wait! What happened to our road? Our road has flown away! That didn't work very well. What was our problem? Entertain answers. Right! Our problem was that all of us were doing the same job! Every one of us was balloon-blower. Because we all were doing the same job, we couldn't build our road! We need to give out different jobs so we all can build this road together. Assign children to the following job groups: Balloon inflators, balloon-knot tiers, scotch tape pullers (pull the tape from the roll), tape rollers (roll the tape into a ring so sticky side faces out), balloon tapers (tape the balloons together into a road). Put all the groups into their own corner of the room, with one group in the middle of the room. Say: Okay, staying in your group's spot, let's build the road! Now, you're only allowed to do what your group's job is: balloon inflators, you can't knot the balloons. Tape rollers, you can't take tape from the roll. Okay? Give the bags of balloons to the inflators and the tape to the tape pullers. Say: Let's do it!

Go around to the knotters and balloon tapers and ask why they're not doing anything. Ask the knotters why they're not knotting the balloons. Ask the tape rollers why they're not rolling any tape. Say: Hold up! We're still not getting anywhere! Each job is important, isn't it? Entertain answers. It sure is! You can't start without inflating the balloons but what good is the balloon without a knot? We can't do anything without the tape being pulled off. But what good is the tape if it's not rolled? You see, each job is important but only when they all come together and work together. That's when they can do what they need to do. **Pivot Point:** The church is the body of Christ

Now instruct the groups to work together: inflators pass inflated balloons to knotters. Knotters knot balloons and pass to balloon tapers. Tape pullers pull the tape off the roll and give the tape to the rollers. Rollers roll the tape and give it to the balloon tapers who tape the balloons and lay the road. When done say: See! Only when we all did a different job and came together to do it did we get the job done! This is just what happened in the Bible.

You see, in the early church, the preachers did the same job as everyone else. That job was making sure everyone had enough food to eat. Arguments started when one group was saying that their people didn't

get as much food as another group. *Question: Does it make sense that the preachers were handing out the food when everyone else was handing out food, too? No one was left to preach and tell everyone about Jesus! Just like when we all did the same job in building our road and we didn't get anywhere, the early church wasn't having much success when everyone was doing the same job. So, the preachers held a meeting and picked people to do the job of handing out the food. With this group in place, the preachers could now do what they needed to do: pray and share with everyone about Jesus! When the preachers did their job and the food hand-out people did their job, everything changed! When they came together and did their separate jobs, then and only then did they become a complete church that could do all of what God designed it to do. The Bible tells us that once they did this, the Word of God spread and the number of people who believed in Jesus multiplied greatly. This is the job the church is made to do! Only when all the pieces come together can the whole church do what it was designed to do! Because all the different important parts came together, doing their different jobs, the church grew and grew! **Pivot Point:** The church is the body of Christ*

Air Time



(Present questions for discussion)

- Why couldn't we build the road when we all did the same job?
- Why did all the groups in the balloon road have to come together?
- How did the job get done?
- In the early Church, what was everyone doing (even the preachers)?
- Was it working?
- What did they end up doing to fix it?
- How do we know it worked?
- What made the church successful?

Pivot Skit: Professor Snodgrass and the Slimy Pieces

Materials needed: PP slide, Professor gear (lab coat, many, many pens stuffed into the pocket of the coat), 2 cups flour, 2 cups water, flavored powder Jell-o gelatin in a small bowl (use a color for the color of your slime), mixing bowl, mixing spoon, box or cart for all materials, teen volunteer who will get "slimed," goggles for teen.

Professor: *Enters the room with the cart of supplies.* So that would explain the S-coil of the denatured protein. But what I'm stumped about is differentiating the double helical matrix of a non-viscous dipolar zyrosome!

Teacher: Uh, excuse me, Professor Snodgrass?

Professor: Hmm? Oh, hello! Fancy meeting you here. Tell me, do you come to my closet often?

Teacher: Professor, this isn't your closet.

Professor: It's not my closet? Whatever do you mean?

Teacher: Professor, this is our classroom!

Professor: Classro- Oh my! So it is! So it is! I must have been thinking too hard about my latest research project!

Teacher: Really, what are you doing?

Professor: Oh, the idea is simple enough. You see, you need a quantity of this white powdered form of Zorglyx (*indicate the flour*). Another equal quantity of this amazing transparent liquid I've just discovered.

Teacher: You just discovered it? Where'd you find it?

Professor: Well, I was in my laboratory and I found it coming out of a pipe!

Teacher: What do you call it?

Professor: Aqueous Dihydrogen Monoxide.

Teacher: Really. We call it water.

Professor: Oh, okay, well, then "water" (*use fingers for quote markers*).

Teacher: Right. What else do you have?

Professor: A-ha! This is the crystalline form of a possible colloid; I'll call it Conflex.

Teacher: So, what's your project?

Professor: Well, do you see the components? By themselves they are innocuous enough.

Teacher: Innocuous? You mean harmless? They just sit there?

Professor: Precisely! Individually there they sit. Fairly unimpressive, really.

Teacher: I'll say.

Professor: But, when our components are mixed together and vigorously stirred (*mix and stir the ingredients*), eureka! We have our new, viscous, multi-chromatic semi-solid!

Teacher: Viscous, multi-chromatic semi-solid? Oh, you mean you've made colorful slime!

Professor: Excuse me?

Teacher: Yeah! Cool, Professor! You've made slime!

Professor: Well, this "slime" (*again quotes with fingers*) is a very special project! I'm hoping to enhance the structure and expose it to ultra-sub-frigid conditions –

Teacher: You want to freeze it?

Professor: Yes! By "freezing" (*again quotations with fingers*) it, I hope to study its molecular structure as it involves a re-vectoring of the atomic components (*as the Professor is talking he holds the bowl up over his head in front of his body. As he does this, the teen helper comes running in with goggles on. The teen bumps into the Professor and gets slimed!*)...!

Teacher: Oh my, Professor!

Professor: Oh, young man (*or lady*) I must take you to my lab shower to clean you up! *Teen exits.* You see, all of the components by themselves didn't mean a whole lot. It was only when they were brought together did they make an end product! Now, I have to go help that young man (*or lady*) who ruined my project! *Exits.*

Teacher: Wow! *Insert teen's name* sure got slimed! He (she) wouldn't have gotten slimed by the individual pieces. Only when all the components were brought together did it make slime! And that's just like the Church! Only when all the pieces – the different parts like the adults, the children, the teens, etc... - come together do we make up the Church! Only when we come together can we do what God designed the Church to do.

Time to **THRASH**

1st to 3rd and 4th to 6th Activities

Auto Body

Materials needed: specialized legos that include items such as wheels to build a car.

Dump the legos on the table. Say: Wow! So many individual pieces. Allow the children to each select one piece. Say: Okay, that is your piece to play with. Have fun. Pause for a few seconds giving the children time to realize that one piece cannot do much on its own. Say: While your piece is special (compare each child's selection with the others) and important, it sure can't accomplish much on its own. For example, what good is a wheel if nothing is attached to it? Entertain answers. Say: While it is a great and wonderful wheel, it cannot do what it is supposed to do. Let's connect it to something to make a car. With the children, construct a car or several cars as time permits. Say: Now, when each piece, while important by itself, is connected and works together with the others, we get a functioning car. The church is the same way. Each piece is important. The children's ministry is very important! If it did not exist it would be like taking a set of wheels off the car. Remove a set of wheels and try to roll the car. Say: the car is no longer complete. It cannot work properly. The church is the same way. Each part has to work together!

Pivot Verse Activity

Pivot Verse: ...Christ loved the church and gave his life for it. Ephesians 5:25b

Choose a Pivot Verse activity listed at the end of the Lesson Component page.

Marshmallow Madness

Materials needed: lots of marshmallows (big and small, both white and colored), toothpicks, blindfolds.

Before class, build three different marshmallow structures. This is done by sticking toothpicks into the marshmallow and connecting them together. Keep the three structures out of view as well as the marshmallows that will be used by the children. Place one of the structures on the table but keep it covered by a cloth. Say: under this sheet is a structure made out of marshmallows and toothpicks. When I say

“go” your job is going to be to build the exact same structure. *At this point, the children may think this will be an easy activity!* Say: There’s one thing I haven’t told you yet. You will be blindfolded! *Blindfold each child and place the marshmallows and toothpicks within reach. Do not tell the children that there are different colors of marshmallows. Remove the cloth from your structure and say “go.” The children must build their structure by only using their sense of touch. They may touch your structure gently or pass it around the room several times if desired. After an allotted amount of time, tell the children to stop and take off their blindfolds. Have them compare their structure to yours. Stress the fact that most of the structures do not look like yours, especially the colors. Set the first set of marshmallows to the side.*

Divide the children into groups of three. Say: This time you will not be blindfolded when you build your structure. However, only one person in your group will get to see my structure. Each person in your group will have a job. The jobs are: the builder, the relay person, and the viewer. The viewer may look at my structure and tell the relay person how to build the model. The relay person must then go to the builder and tell the builder what the viewer said. The builder must then build the structure. Place your structure on one side of the room behind something so it can only be seen by the “viewers.” Mark a line on the floor past which the viewers may not go. On the other side of the room have the builders sit at a table with building supplies. Have the relay people go in between the viewer and the builder to relay information. Give the children an allotted amount of time to build. When time is called, let the children compare their structure with the original. Set these to the side.

Say: we are going to build one more structure, but this time you can use all of your senses! *Set the structure in front of the children and let them build it with their own materials. When they finish draw their attention to the first structure they built. Say: You built this structure without your eyes. How well did you do? Entertain answers. Draw the attention to the second structure. Say: You built this one by verbal instructions only. How well did you do? Entertain answers. Draw the attention to the last structure. Say: You built this one with all of your senses. How well did you do? Entertain answers. Say: In this last one, all of your body parts worked together and you got the best result. In the other two, there were senses missing. This shows how important each body part is! In the same way, each individual in the church is important. The church cannot function the way it should without each part working together.*

*Additional fun activity: Have the children build another marshmallow structure without the use of their hands!

1st to 3rd Activities 4th to 6th Activities

We’re Going to Pump...You Up

Materials needed: Large piece of paper with a human silhouette drawn on it, blindfolds, tape, body parts cut out of construction paper with the name of a ministry in your church written on it. For example, a hand cut out with “men’s ministry” written on it or a heart cut out with “senior’s ministry” written on it, a piece of paper shaped like a head with “Jesus” written on it.

Tape the silhouette on the wall low enough so the children can reach it. This activity is run much like pin the tail on the donkey only the children must tape their body part on the correct place of the silhouette. Give each child a body part and read out loud the ministry represented. Then blindfold each child, one by one, put tape on the paper, spin the child and have them try to place the body part at the correct spot. When finished say: Look, each ministry is a part of the body working together as one – the way the church was created! However, there’s one part we’re missing! The head! At this time, read the following verse: Colossians 1:18. This verse says that Jesus is the head of the church! Select a child to try to tape the Jesus paper on the head of the silhouette. Say: Jesus is the head of the church and we are all parts of the body – even the children are an important part! We all need to work together as one for the church to do what it is supposed to do.

All Together Now

Materials needed: piece of paper and a pencil for each child.

Have the children look up the following verse: 1 Corinthians 12:26. Select a child to read the verse out loud. Say: In this verse, the Bible says that, since we are all a part of one body – the church – when one person suffers, all of us should suffer.

What that means is that if someone is having troubles or is sad about something, we should share with each other and pray for each other. For example, if you stub your toe, your whole body is affected. Not only does the toe hurt, but you may limp when you walk or cry from the pain. You hurt one part of your body but the whole body suffers! So, if one person in church is struggling, we need to all bond together to help that person. Also, this verse says that when one person is honored, we all should rejoice with them. Instead of being jealous of that person, we should be happy for them!

Have the children divide their paper into two equal columns. Title one column "Prayer Requests" and the other column "Praise Reports." Have the children each share a problem, a praise report or both. As they share, have the children write the items down on their paper. When finished say: Now we have a list of things to pray for – some people need help while others are items we should thank Jesus for. Take this home as a prayer journal and pray for each item every night this week. As a body, we need to help each other in every way possible. Remember that when one part suffers, the whole body does!



1st to 3rd and 4th to 6th

Materials needed: Lego house from the KIDnabber.

Say: Wow, we've sure seen that the church can only do what it was made by God to do when all the pieces come together. When parts are missing, the job doesn't get done. So, now that we know that, what's the job the church is designed by God to do? *Entertain answers.* Those are all really good answers, but here's the most important one: I hope you've all seen that the church is not just a building, a place where people get together. The church is all the people – all the different people that must come together as one to become the church! Here's the job of the church: *Hold up the lego house.* The job is for all those different pieces to go out (*indicate the house*) and share Jesus with others. The seniors go out and share Jesus with other seniors. The adults go out and share Jesus with other adults. The teens go out and share Jesus with other teens. The children go out and share Jesus with other children. Does that mean that kids can't share Jesus with adults? No! Of course they can. But, if everyone shared Jesus with just adults, would the church be doing its job? No! All the seniors, teens, and children would be left out! The church would only grow with adults. What if everyone shared Jesus with only children? Would the church be doing its job? No! The church would just be all children. So, you see that each part has to go and do its own job sharing Jesus. Only then does each group get reached and everyone, not just adults, or not just seniors, or not just teens, or not just children come in and grow the church! All the parts have to do their job together outside of the building to build up the body – the Church! Each part is very important, especially you children because of the different jobs the parts have in sharing Jesus. Let's all work together to be the church and share Jesus!

Pray with the children for boldness and power to be able to go out of the "church building" and be the church – to do their job in seeing others come to Christ to build the church!