

KICKRiCKulum The Lord's Prayer

Grades 1 - 6

Lesson Nine: Put A Lid On It! Judges 16: 4 - 17

And do not lead us into temptation, but deliver us from evil.
Temptation and deliverance



Teacher: *this lesson is packed with content (object lessons, teaching, and activities. Don't feel pressured to do all of them in one class! Pick and choose – there is enough material for at least 2 classes! Consider stretching it over 2-3 class times.*

Pivots – Use Power Point Slides to present to the class



Pivot Trait: Temptation –persuasion to do wrong or evil



Pivot Point: We can overcome temptation!



Pivot Verse: ...And God is faithful; He will not let you be tempted beyond what you can bear. 1 Corinthians 10:13 (NIV)

Review Kidnabber object from previous lessons.

KIDnabber: Puppet skit
Materials needed: Puppet, paint brush

Puppet: *Puppet enters*

Teacher: Hey, Rick! What's going on? We were just getting started.

Puppet: Hi everyone. I am having a problem. Maybe you can help me.

Teacher: Well, we can try. What is the problem?

Puppet: My mom told me not to watch this show on television. But, every day at 4:00 I turn on the television and there it is. It's such a temptation!

Teacher: Ok, let me make sure I understand. There is a show your mom doesn't want you to watch. It comes on at 4:00 and everyday you turn the TV on at that time? You are tempted to watch every time you see it?

Puppet: That's exactly it! What can I do? I pray while I look at the beginning of the show. But, it's still very hard.

Teacher: Rick, God said He would help you when you are tempted. But, I think He expects you to be wise too. If you are tempted with something, sometimes the best thing you can do is stay completely away from it. Don't get near it!

Puppet: Wow, I never thought of that! You mean, don't even turn that channel on? That sounds pretty easy!

Teacher: The Bible says that God always gives us a way to escape. In this case, I think your escape is to not turn the TV in at 4:00.

Puppet: Boy, that helps. I was praying God would just make me not like the show anymore or something like that, something supernatural.

Teacher: Well, God can certainly do that, He does work miracles. But, in this case, it is something you can do in the natural. I hope we have helped.

Puppet: It sure has. There are a lot of things I can do at 4:00. I'll do my homework first and then watch a show at 4:30. Thanks everybody! *Puppet exits and class says good-bye.*



Special Delivery

PP slides of these!!!! Too much

Materials needed: Bible, **Items needed** - map of an emergency escape route for the classroom, helmet, shield, padding.

Also - objects with limits listed such as a small tire or any inflatable object that lists maximum allowable air pressure, microwave food (Stouffer's) box with instructions that say "do not exceed a certain temperature", light fixture or lamp that lists maximum allowable bulb wattage, a toy or apparatus (i.e. swing) that has instructions of the maximum allowable weight.

On a packing slip write the word **temptation** with the definition: persuasion to do wrong or evil for pleasure of gain. As in the previous lessons, follow the routine for the delivery of the package. Read and discuss the definition of temptation. Ask the children if any of them have ever been tempted. Ask them if they think temptation is a sin. Proceed with Rampin' Up.

Rampin' Up

Display PP slide of escape or rescue items. Say: I wonder what these items might be used for. Hold up the other objects and read one of the limitation instructions. What do you think these instructions were written for? Yes, these limits were established to protect the user from injury.

PP slides - Read 1 Peter 5: 8-9 (NIV) and Read 1 Corinthians 10:13. Say: God recognizes that temptation is a problem for us. He knows that we have an enemy who wants to hurt us by tempting us to do things that are harmful to us. God has established limits as to how far the devil can go to persuade us to do wrong or evil. God also has provided us with a way of escape for every temptation we go through. Sometimes, like with our puppet, it is a matter of us making a choice to stay away from an area of temptation we are weak. Show PP slide and discuss how each escape device might be used to help protect someone or bring someone to safety. Hold up each of the safety items and discuss. Hold up the objects with limits and discuss the instructions. Ask for ideas of what might happen if the limits were exceeded.

Read story of Samson in Judges 16: 4 - 17 as paraphrased below.



Materials needed: PP slides

Object lesson 1

- Bible,
- two 8 ½ x 11 inch silhouettes of people cut out of poster board (very simple without detail, resembling gingerbread men.)
- two pieces of metal (not aluminum, must be magnetic such as a large hardware washer)
- cellophane tape
- a strong, large magnet Note: Test the magnet with the metal objects, make sure they are attracted to the magnet.
- two empty (lightweight) boxes such as empty 12 pack soda boxes These are to be used as a stand for the two figures to keep them upright.

Object lesson 2

- a medium size plastic container with lid
- dirt to fill the container,
- various vegetable and flower seed packets
- separate Baggies with seeds labeled "temptation"
- index card labeled "sin" on one side and "death" on the other

Object lesson 1 preparation: Cut out the 2 silhouettes. On one tape the metal to the back of the head. On the second, tape the metal to the stomach area. Make sure the metal is not visible from the front. For your benefit, make a small pencil mark on the front of the silhouette where the metal is located. This will allow you to be certain where the metal is when doing the object lesson. Tape each silhouette to a separate cardboard box.

Judges 16: 4 – 17 Say: Samson was a man called by God to judge, protect and deliver His people. Samson would receive super natural strength from God to defeat the enemies of God’s people. Samson was told by God to never cut his hair. If he did he would lose his supernatural strength. This was a secret between God and Samson.

Samson had a weakness. He liked the company of women and especially women that did not believe in God. Samson was warned to stay away from these women. Samson seemed to always make bad choices. He didn’t use wisdom in choosing friends. The devil knew Samson’s weakness and took advantage of Samson’s carelessness. He set a trap to tempt Samson. He lured Samson into a trap causing him to sin.

This is the story. Samson’s friend Delilah was an ungodly woman. Delilah’s friends offered her money to trick Samson into sharing his secret. They wanted to find out what made him strong so they could defeat him. Delilah gave in to the temptation of greed. Remember the definition of temptation? It is to be persuaded to do evil for personal pleasure or gain? She wanted to gain money even if it meant hurting Samson. Three times Delilah asked Samson to tell her the source of his strength. Three times he lied to her. Finally, the Bible says that she nagged and pleaded with him day, after day, after day to reveal the secret. Samson finally weakened and told her the real source of his strength. The enemy then came and cut Samson’s hair as he slept. Samson’s strength was gone! He had given into temptation and was captured by his enemy. It eventually led to his death.

Samson should have never put himself into that position to begin with. Samson continued to stay with Delilah when he knew he shouldn’t have. Eventually the enemy wore him down in his area of weakness. Samson should have run!

Object lesson 1 PP slide of verse

Read James 1: 12 - 14 (NIV). Place the two silhouettes next to each other. Say: The verses we just read say that God doesn't tempt us but rather we are drawn away by desires inside of us. Samson's weakness was in keeping company with ungodly people, especially women. It is important to know that each of us may or may not have the same strengths or weaknesses. We are all different. What tempts me may not affect you. What tempts you may not affect me.

Hold up magnet and say: Let's say this magnet is a temptation. The scripture says that we are dragged away (lead away, baited and enticed) by **our own evil desires** that lie within us. *Hold up the magnet.* This is a temptation, let's say, to listen to music that is not good or uplifting. The enemy knows you like to listen to music so he brings the temptation to you in the form of a free CD. Well, you haven't been praying or reading the Word of God. You aren't prepared for this. *Bring the magnet near the silhouette with the metal behind the head. Drag the figure away with the magnet.*

Point to the other figure and say: This person does not have much interest in music. They listen to music only once in awhile. *Bring the magnet to the head area of the silhouette. The silhouette is not attracted.* Say: See? This temptation has no affect. However, this person does have a problem with the Internet. They are tempted by websites that their parents forbid them to go to. *Hold the magnet up.* The temptation comes in the form of a pop up advertisement. *Bring the magnet to the stomach area this time and drag the figure away.* Remember, we all have different areas of weakness.

Now, I talked about preparation. How do we prepare for being tempted? Prayer and reading God's Word is the most important thing we can do. The Word helps us recognize good from evil and we can then use God's Word against the enemy. *Place both silhouettes next to each other again. Read Ephesians 6:16 PP slide* Say: This person has read God's word and now has his spiritual shield up! *Take the Bible and place it in front of the silhouette with the metal behind the head.* This time watch what happens when the music temptation comes. *Bring the magnet to the Bible around the head area. The Bible insulates the figure from the magnetic pull.* He is now protected from the temptation! *Do the same thing with the other silhouette. Read Psalm 101:3.* This person prepared for the temptation by reading God's Word. He was able to speak it to the enemy and have victory over the temptation.

Object lesson 2 PP slide of verse

Read James 1:15. Say: Do you know what conceive means? It means to take inside.

Hold up the different seed packets and ask the children what they would expect to get if they planted the seeds. Each time they should expect to get what is on the front of the package. Now, hold up the dirt container without the lid. Let's pretend this is your heart. *Hold up the bag of "temptation seeds".* When temptation comes, this heart is unprotected. This person hasn't prayed and read God's Word. He/She has allowed temptation to be conceived or taken in as the verse said. *Place the seeds in the dirt and cover it up.* Now, what would you expect to get from these seeds? Remember our verse? *Hold up the card with "sin" written on it and then flip it over and show the word "death".* When we allow temptation to come in and grow, sin is born from it. If sin continues, it will eventually bring us down spiritually and could bring forth death in end. We will be separated from God. Remember Samson? His giving into temptation made him weak and eventually he died.

Now, look at this. *Put the lid on the container.* Now, this is your heart. You have read and prayed and are alert, watching for traps from the enemy. *Take some seeds out of the "temptation baggie". Drop them on the lid.* See? They bounce off. The word of God and prayer protects your heart. The seeds cannot be conceived. They cannot penetrate the shield and grow!

It is important to remember our story. Delilah nagged Samson day after day after day. The enemy comes back time and time again to see if we have our "lid" on our heart. If we get careless and don't prepare, he will bring a temptation that we are not ready for! Always prepare everyday!

We can be sure of avoiding sin if we remember these things:

1.) Preparation

- a. Identify your weaknesses and pray each day as Jesus taught us, "Lead me away from or help me to avoid temptation."

- b. Read God's Word. Put it in your heart. Find scriptures that specifically help with your weaknesses. Remember when it comes to your mind and your heart, PUT A LID ON IT!
- c. Make good choices that keep you from walking carelessly into temptation. Steer clear of it to begin with! Allow the Holy Spirit to guide you.

2.) **Standing**

- a. When temptation does come, stand on God's Word and speak it to the devil. Pray for God's strength, wisdom and help.
- b. Pray as Jesus taught "deliver me from evil!" Think of this too, it sounds a little funny but it works...sometimes the best way to stand is to RUN! Get away! Flee!

Bonus Skit! Game Plan for Battling Temptation!

This skit can be very funny but it entirely hinges on picking the right "coach". Choose a "coach" that is very demonstrative, boisterous, uninhibited and well, crazy! ☺ The coach is going to prepare his/her team for the biggest opposition they have faced...temptation. A rough outline and hints for doing the skit are listed but please refrain from totally scripting it out. Allow the person the liberty to flow with the class and be spontaneous. The wilder and funnier the better.

Materials needed: ball cap, sweatshirt or sweat suit, football, whistle, whiteboard and marker.

Scenario: *The coach burst into the class blowing the whistle, screaming. Okay, everyone listen up! Is everyone ready to beat temptation? I can't hear you! I said, "Is everyone ready to beat temptation?" Okay, this is what we have to do.*

The coach takes the marker and dry erase board and diagrams out the players with Xs and Os, draws lines and arrows and fills the whole board up with a play. The coach is talking the whole time totally consumed with the action. After filling the board with lines and Xs everywhere, the coach says, OK, any questions? Use your imagination. Call upon different children. Ask their name and what position they play. Put your arm around them and talk about their potential. Say: I've had my eye on you! Are you ready to fight? Really pump them up, make them repeat phrases, cheers, etc. The coach ends the skit by running out the door giving high fives all the way and blowing his whistle.

Air Time

(Present questions for discussion)



- Name some temptations for children your age.
- Are these areas of weakness or temptation for you?
- How will you deal with temptation after hearing this lesson?
- How could Samson have dealt with his temptation and avoided death?
- What might have been a way of escape for Samson?
- What escapes do you think God provides for us in times of temptation?
- How does the devil use things of this world to tempt us and lead God's people astray?
- Providing an escape and putting limits on the devil to tempt us are two ways in which God "leads us **not** into temptation." Jesus also told us to pray that we be delivered from every evil. What evils do you think He was referring to? How would/has God delivered people from every evil?

Time to **THRASH**

Activities 1st to 3rd and 4th to 6th

To Keep or Not to Keep

Children will learn the need to test all things.

Materials needed: 2 bags of large marshmallows, a black fine tip marker, 2 large bowls, 2 small trash cans, masking tape, clock with a second hand.

Read 1Thessalonians 5:21-22 (NIV) aloud to the class. “Test everything. Hold on to the good. Avoid every kind of evil.

Open a bag of marshmallows and divide the bag into two equal piles. For one pile, place one small dot in a different location on each marshmallow. Mix the marked and unmarked marshmallows together and place into a bowl. Repeat this for the 2nd bag and place in the other bowl.

Place a trashcan on the floor. Mark a masking tape line approximately 10 feet from the trashcan. Repeat this for the 2nd can. Make sure that you allow plenty of room between the two trashcans. Chose two teams of four children. Select a thrower, feeder, tester, and retriever for each team. Position the thrower behind the line. Position the tester behind the thrower and the feeder behind the tester. The retriever is positioned behind the trashcan. Give a bowl of marshmallows to each feeder.

The game lasts for one minute. The game is played as follows: The feeder hands the marshmallows one at a time to the inspector. The inspector inspects the marshmallow to be “clean” (no black dot) or “evil” (black dot). He passes on the “clean” marshmallows to the thrower and rejects the “evil” ones to the floor behind them. The thrower tosses the marshmallow toward the trashcan trying to make a basket. The retriever gathers the missed shots and runs them back to the feeder’s bowl. The marshmallows that make it into the trashcan remain there. One point is scored for each basket made with a “clean” marshmallow. One point is deducted if a basket is made with an “evil” marshmallow. At the end of the time, empty the trashcan and tally points. Repeat with different contestants. Note: Put a time limit on the game. Speed is important here; this needs to move quickly. Emphasize to the class that in our lives, temptations come on us quickly. We need to evaluate **quickly but carefully** what we allow into our lives. This includes what activities we take part in, what we watch, listen to, or read.

Variations: 1. Blind fold the thrower. 2. At the 30 second mark, have the retriever and thrower or any other persons switch roles and positions.



Pivot Verse Activity

Pivot Verse: ...And God is faithful; He will not let you be tempted beyond what you can bear.
1 Corinthians 10:13 (NIV)

Choose a Pivot Verse activity listed at the end of the Lesson Component page

More and More and...

Children will learn the importance of resisting temptation in the form of greed and over indulgence.

Materials needed: approximately 30 – 40 inflated balloons with the letter T (for temptation) in marker on each balloon. 2 size Large sweatshirts, clock with a second hand, two teams of 3 children volunteers.

For each team instruct one child put on the sweatshirt. This child is the one being “tempted.” The other two children on each team will be the “tempter/stuffers”. Give 15 – 20 balloons to each team. Time the game for one minute. During this minute the “stuffers” will load up the “tempted” team member with as many balloons as they can stuff. Before removing balloons have the two “tempted” children move around trying different activities such as sitting, running or bending over. Let children take note of how the balloons limited and hindered their movement. Now remove and count the balloons. The team with the most balloons in the sweatshirt is the winner.

Say: Constantly yielding to temptation will lead to being weighed down. It will keep us from functioning properly and in right relationship with God.

Activities 4th to 6th

Its Only an Act

Children will act out real temptations that may come to children in their daily lives.

Children will have 30 - 45 seconds to act out different temptations they face in their lives. *Pick teams of two and assign each of them a skit. If you prefer, pick 2 teams and assign multiple skits to each. They may use props in the room but they cannot speak. After each team acts out a temptation allow the class to raise their hand and guess the temptation.*

Suggested temptations:

Cheating on a test Being mean to a brother or sister Fighting Keeping a tithe or offering
Not participating in praise and worship Coveting Being greedy Swearing or using profanity
Watching a prohibited TV show Listening to immoral music Calling up bad internet sites Being
gluttonous (over eating) Showing arrogance Being lazy Stealing Lying disobedience

Review the Kidnabber objects from previous lessons.

1st to 3rd and 4th to 6th



Materials Needed: a dry erase board, Bible

Read Hebrews 4:15 b (NIV) “...but we have one (Jesus) who has been tempted in every way - just as we are, yet was without sin. “

Say: It is important to know that temptation is not a sin. We all have faced temptation. If temptation were a sin, Jesus too would have sinned. He was

tempted during His 40 day stay in the wilderness. This verse tells us clearly that Jesus faced temptation but had no sin! Isn't that a relief!

Because Jesus was victorious over temptation, He can help us now! *Read Hebrews 2:18 (NIV)* “Because he himself (Jesus) was tempted, he is able to help those who are being tempted.” Another version (Amplified) of the Bible says because He was tempted like us that Jesus is able to immediately run and assist those who cry for help when being tempted! Now, that is the kind of help I need. Having someone who has faced the same temptation that I am facing is great comfort!

How would you like to pray to Jesus for help and hear Him say, “Sorry, that’s a new one. I’ve never seen that before!” No! Jesus says, “I know what you are going through, let me help you!” God has given us all we need to resist temptation successfully. He promises that he will not allow us to face a temptation that we can’t overcome. *Read 1Corinthians 10:13b (NIV)* “...And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.” Isn’t that cool? Jesus knows our limit and provides a way out of it (open the door).

Read 1 John 1: 9 and 2:1 (NIV). God knew that battling temptation would not be easy. He knew that even though He provided help for us that we would lose some battles with temptation and commit sin. *Draw a heart on a dry erase board. As you talk about giving into temptation, fill in the heart with black marks, naming some sins.* God provided a way for us to be forgiven and erase the sin. *Use the eraser and wipe the board clean.* From this point we start clean. Let’s pray today and you continue to pray every day that God will help us to avoid sin and not fall to temptation..

Alternative Final Spin for 1st to 3rd and 4th to 6th

Out Of Harm’s Way

Children will practice the concept of being delivered from harm or evil.

Materials needed: PP slide of skull and cross bones, cross 2 cups large enough to hold a tennis or racket ball, one long table, bucket of water

Preparation: Print out the image and tape the skull and cross bone on to the bucket. Line up the balls at one **end** of the table. Place the bucket of water **on the floor** at the other **end** of the table.

Choose 3 children. Ask one to stand on one side of the table and another to stand the other opposite side. Ask the 3rd child to stand at the end of the table with the line of balls.

Say: It is also important to pray for God to deliver us from every evil. To be delivered means that it when we cannot get ourselves out of a situation, we can call the Lord to rescue us. Let’s practice keeping something safe or protected from evil. *Tell the children who are standing at the sides of the table that they are going to keep the balls safe. They are going to stop the rolling balls from falling into the poisonous water at the end of the table. They will actually **deliver them from evil!** As they see the balls roll down the table, they are to catch the ball in the cup and “deliver it” from the harm of the water. Stand with the child at the end of the table.*

Say: When I say “go” we, (3rd child) and I, are going to roll the balls quickly down the table, trying to get the balls to fall off of the table and into the bucket. You have to stop the ball with the cup and **deliver it** from the evil poison. *Roll balls quickly. See how many balls can be successfully delivered before they land in the bucket. Repeat this with other volunteers.*

Say: Whenever we are in a place that might harm or hurt us, we can always pray for our Father to deliver us from every evil. He will rescue us.

Let’s close in prayer today and continue to pray every day that God will help us to avoid sin, that we will not fall into temptation and that He will deliver us from every evil.