

Title:

The Emmaus Road / Luke 24:13-35

Key Verse:

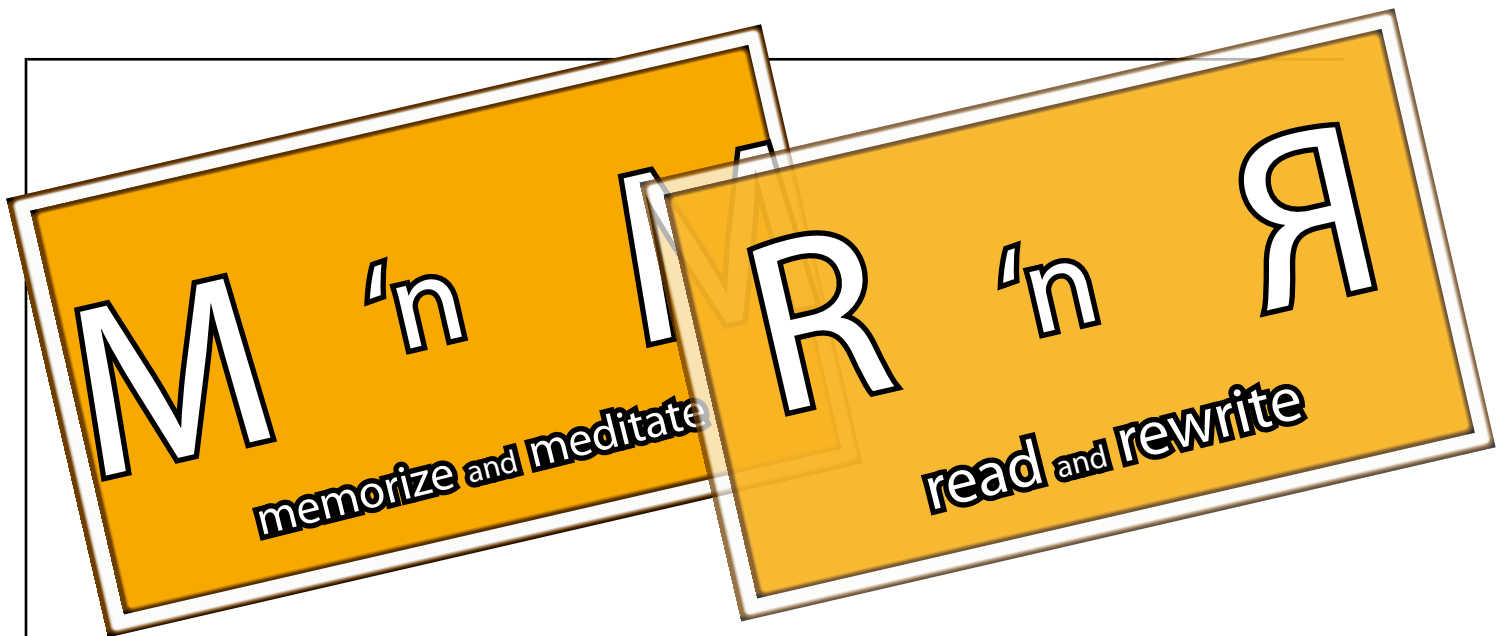
“Now it came to pass, as He sat at the table with them, that He took bread, blessed and broke it, and gave it to them.” Luke 24:30

Focus:

**This week introduces The Bread Series.
When we understand what God does with bread,
we will understand how He works in our lives!**

Preparation:

**Purchase and display a Fresh Baked Bread Scented Candle (optional)
Set up DVD: Week 1, DVD Player, and TV or projector
Print out Lesson 1 R'nR & M'nM Sheets
Prepare area for Introduction Game - “Bread Brawl” (optional)
Prepare Activity and Materials for candle making (optional)**



Luke 24:13-35

13 Now behold, two of them were traveling that same day to a village called Emmaus, which was seven miles from Jerusalem. 14 And they talked together of all these things which had happened. 15 So it was, while they conversed and reasoned, that Jesus Himself drew near and went with them. 16 But their eyes were restrained, so that they did not know Him.

17 And He said to them, "What kind of conversation is this that you have with one another as you walk and are sad?" 18 Then the one whose name was Cleopas answered and said to Him, "Are You the only stranger in Jerusalem, and have You not known the things which happened there in these days?" 19 And He said to them, "What things?" So they said to Him, "The things concerning Jesus of Nazareth, who was a Prophet mighty in deed and word before God and all the people, 20 and how the chief priests and our rulers delivered Him to be condemned to death, and crucified Him. 21 But we were hoping that it was He who was going to redeem Israel. Indeed, besides all this, today is the third day since these things happened. 22 Yes, and certain women of our company, who arrived at the tomb early, astonished us. 23 When they did not find His body, they came saying that they had also seen a vision of angels who said He was alive. 24 And certain of those who were with us went to the tomb and found it just as the women had said; but Him they did not see." 25 Then He said to them, "O foolish ones, and slow of heart to believe in all that the prophets have spoken! 26 Ought not the Christ to have suffered these things and to enter into His glory?" 27 And beginning at Moses and all the Prophets, He expounded to them in all the Scriptures the things concerning Himself. 28 Then they drew near to the village where they were going, and He indicated that He would have gone farther. 29 But they constrained Him, saying, "Abide with us, for it is toward evening, and the day is far spent."

And He went in to stay with them.

30 Now it came to pass, as He sat at the table with them, that He took bread, blessed and broke it, and gave it to them. 31 Then their eyes were opened and they knew Him; and He vanished from their sight. 32 And they said to one another, "Did not our heart burn within us while He talked with us on the road, and while He opened the Scriptures to us?" 33 So they rose up that very hour and returned to Jerusalem, and found the eleven and those who were with them gathered together, 34 saying, "The Lord is risen indeed, and has appeared to Simon!"

35 And they told about the things that had happened on the road, and how He was known to them in the breaking of bread.

1 INTRODUCTION

Introduce the series and the video title.

Say

This series is called Bread. Did you know that once we understand what Jesus does with bread, we will understand how He works in our lives. Every time we see Jesus interact with bread in the Bible, He does 4 things with it. We will see what these are throughout this series, and discover why they are important to us.

Optional

Purchase a Fresh Baked Bread Scented Candle or Fragrance Oil from your local specialty shop or online. Light it before the class begins to fill the room with the aroma of freshly baked bread. Candles are available through J12.

Ask:

(always allow for interaction, stories, and comments in order to engage your students on their level in the subject you are presenting)

Who likes the smell of freshly baked bread?
What is your favorite treat at a bakery?

Play

"Bread Brawl"

A version of the traditional game where 2-4 teams line up opposite one another with a block (symbolizing the bread in the middle). Each player is numbered. The leader calls out a number and the players on each team with that number run out and try to grab the "bread" and sit back down in their spot before they are tagged by the other team's player.

Let's see what Jesus says about bread and remember once we understand what Jesus does with bread, we will understand how He works in our lives

Now you are ready to press play on the DVD.

2 VIDEO

Lesson 1

Play the DVD and interact as directed.

The following commentary will prepare you for what is coming next on the DVD.

Chapter 1: Introduction

The DVD *will automatically* advance to the next chapter - no interaction is required.

Chapter 2: R'nR

Have students read together in small groups Luke 24:13-23 using the *R'nR and M'nM* Sheets.

You may need to turn down the music on the DVD during this segment.

This will give an overview of what will be talked about today on the rest of the video.

Luke 24:30 is their key verse for the week. Encourage them to memorize it.

Chapter 3: Teaching One

The DVD *will automatically* advance to the next chapter - no interaction is required.

Chapter 4: Eye Spy

Hide something blue inside your pocket and as the video begins, shout out the instructions on the screen as they are displayed. The point of the game is not fair. They will never guess what is in your pocket. When time expires, *PAUSE* the DVD and explain to them that the game was like many people we interact with around us everyday. The blue object is like Jesus. They will never see Jesus if we hide our belief in our pocket. These men didn't realized Jesus was right there with them. In there case, it was because they were preoccupied with other things, and didn't allow themselves to believe that He was alive.

Chapter 5: Teaching Two

The DVD *will automatically* advance to the next chapter - no interaction is required.

Chapter 6: Q'nA

Direct students to gather in small groups with a leader and discuss the questions as they are displayed on the screen. Here are the questions:

Q? What did Gregg say are the 4 things Jesus did with bread?

Q? Why is it important what Jesus did with bread?

Q? How many times are "the things" found in Luke 24? *(Use the R'nR and M'nM Sheet provided)*

Chapter 7: Teaching Three

The DVD *will automatically* advance to the next chapter - no interaction is required.

Chapter 8: Q'nA Part 2

Q? Talk about a time in your life where "you were hoping" something went one way, and God had a better process to make it happen.

Q? Talk about something going on in your life that could be different if you recognized that Jesus was with you.

Chapter 9: P'nC

Direct students to do what is displayed on the screen.

"Take an imaginary walk with God right now...and ask Jesus to help you see where He is at work in your life...and ask Him to use you to accomplish His plan."

3 DISCUSSION

Review the lesson content.

Review

Ask some of the *Q'nA's* once again.

Allow for students to come up to the front to answer them. Give prizes.

Go over the key verse, Luke 24:30.

Direct students to rewrite it in a fun way on the back of the *R'nR & M'nM* sheet.

After repeating it a number of times, ask if anyone can say it from memory.

Optional

The following discussion may spill into your activity time as you apply the lesson to daily life in strategic, yet casual *table talk*.

Share

Allow a student or leader to give a testimony about a time in their life where "they were hoping" something went one way, and God had a better process to make it happen.

Share

Allow a student or leader to give a testimony (relating to the *P'nC* in Chapter 9 of the DVD) about where they see God working around them or in them, and how they can be like bread in His hands to accomplish that plan He has called them to be a part of.

Challenge

Here are some points of prayer that go more in depth on the *P'nC*.

(They can be accomplished in a large or small group setting.)

- Pray that we do not become like the men on the Emmaus Road and get too preoccupied with our own lives and the things we are doing, that we don't recognize when *Jesus* wants to spend time with *us*.
How can we do a better job with this challenge?
- Pray that we do not hide our belief that Jesus is alive to those we come in contact with "on our walk" through our daily lives.
How can we do a better job with this challenge?
- Pray that we can be open to be like bread in Jesus' hands over the next few weeks, knowing that what Jesus does with bread is what He does through our lives.
*Are you willing to be **TOOK, BLESSED, BROKE, and GIVEN?***

4 ACTIVITY

Enjoy the *optional* activity as you interact and apply the lesson to daily life.

(This may be an activity that one leader does as a display for the whole class, one student in each small group does with the help of a leader, or every student may participate, depending on budget, time restraints, and manpower.)

Say

Have you ever made a candle? The process is much like our lives.

Sometimes the things that happen to us seem like they are too painful for God to make anything beautiful out of them. During the steps of candle making, *that poor candle* goes through quite a process, but the end result is beautiful.

The two men on the road “were hoping” God would come one way, and He came another. But by the way or process that He came (which involved being **TOOK**, **BLESSED**, **BROKE**, and **GIVEN**) a road was created for every man to get to heaven, if they believed on Him.

Today, we are going to make candles to remind us that God makes beautiful things out of situations or processes we don’t understand.

Materials

- candy thermometer (to measure the temperature of the melted wax)
- newspaper (to cover your work space)
- a mold or tin can
- a double boiler (a pan to melt the wax, that sits inside a larger pan filled with water)
- Paraffin wax (found at craft stores - a 10lb. slab = 4 quarts of liquid wax)
- wicks (ready-made wicks at your craft store are the easiest.)
- candle wax dye or crayons and fragrance oil (This is optional and can also be found at craft stores. Fresh Bread Fragrance Oil can be found online.)

The Process

The most important rule of melting wax candles is safety. Candle wax is extremely flammable and will catch on fire at 375 degrees, and should never be heated to the point where it begins to boil or smoke.

1. Start the double boiler. Fill the bottom pan with a couple inches of water and heat on high.
2. Break the wax into chunks and place it in the double boiler, while stirring until the candle wax is melted. You may add color or fragrance to your candle at this time.
3. Position your wick in the center of the mold by wrapping it around a pencil to suspend it and keep it centered.
4. Using oven mitts, pour your melting wax candles into the tin can or mold.
4. Let your candle cool down and dry for about a day and carefully remove the candle from the mold.